

Name _____ Phone _____

Email _____

Dinner Du Jour Food Questionnaire

Here is your opportunity to let us know what you prefer in your customized menu. Please check, ✓ preferences, and add comments. Put an X through any foods that you don't like and never wish to see.

MEATS:

- Beef (steak/roasts/ground round)
- Pork (chops/roasts/ribs/bacon/ham /ground)
- Veal (stew/ground/scallops)
- Lamb (chops/stew/ground/roasts)
- Meatloaf
- Meat and vegetable/pasta casseroles

Comments:

POULTRY:

- Chicken (breasts/thighs/ground/etc.)
- Turkey (breasts/ground/scalloped/etc.)
- Chicken or turkey meatloaf
- Chicken or turkey and vegetable/ pasta casseroles

Comments:

FISH/SHELLFISH:

- Fish (bass, yellowtail, orange roughly, catfish, snapper)
- Shrimp
- Scallops
- Crab
- Lobster
- Tuna

Comments:

SALADS:

- Fresh Green (choice of greens/lettuces, such as Romaine, red leaf, bibb, mixture, spinach, etc.)
- Fruit
- Rice
- Pasta
- Jello
- Salads as a main dish?

Comments:

SALAD DRESSINGS:

- Mayonnaise
- Ranch
- Vinaigrette
- French
- Oil/vinegar
- Red wine/vinegar
- Thousand Island
- Other (identify)

Comments:

SOUPS:

- Creamed
- Hot
- Cold
- Chunky
- Clear
- With meat/poultry?
- Soups as a main dish?

Comments:

VEGETABLES:

- Green (peas, green beans, spinach, asparagus, peppers, cabbage, pea pods, celery, mustard greens)
- Yellow (corn, wax beans, squash, peppers)
- Red (pimento, red cabbage, beets, tomatoes, peppers, sweet potatoes/yams)
- White (cauliflower, potatoes, parsnips, water chestnuts, bean sprouts, onions, mushrooms, leeks)
- Beans (black, ranch-style, pinto, kidney, lima, white, pink)

Comments:

GRAINS:

- Rice
- Couscous
- Quinoa
- Wheat/granola
- Corn
- Other (identify)

Comments:

BREADS:

- Wheat
- White
- Rolls (white or wheat, sour dough, etc.)
- Biscuits
- Cornbread
- Muffins
- Pancakes
- Waffles
- Tortillas

Comments:

SEASONINGS:

- Oregano, sage, rosemary, tarragon, fennel, cumin, cilantro, paprika, parsley, celery, chili powder
- Fresh garlic, parsley
- Pepper—white, black or red
- Salt—regular or Kosher

Comments:

FATS/OILS:

- Butter
- Margarine
- Canola Oil
- Corn Oil
- Olive Oil
- Vegetable Oil
- Sunflower Oil
- Lard
- Shortening

Comments:

MILK AND MILK PRODUCTS:

- Cheeses (parmesan, cheddar, swiss, muenster, fontina, etc.)
- Milk (skim, 1%, 2%, whole)
- Cottage cheese
- Yogurt
- Sour cream
- Half and half

Comments:

EGGS:

- Whole
- Yolks only
- Whites only
- Eggbeaters substitute

Comments:

OTHER:

- Tofu
- Soy-based meatless products
- Nuts (pecans, peanuts, walnuts, almonds, cashews, Brazil, etc.)

Comments:

